

# HEARTLINE

No. 3

Jul. – Sept. 2010

Heartland Chapter, Florida Trail Association,  
Serving Polk, Hardee, Highlands and DeSoto Counties

---

## FROM THE CHAIR:

It is July again and all of us in the Heartland Chapter know what that means! No, I am not talking about the intense heat and afternoon thundershowers Florida is known for. I am referring to our annual camping trip north into the coolness of the North Carolina mountains. Every July the Heartland Chapter members and also members of any of the FTA chapters are invited to enjoy a weeklong camping trip in NC. Come for the whole week or as many days as you want. This year the dates are July 10 - 17. The location is: Briar Bottom Group Camp, Pisgah National Forest, Burnsville, NC. We will be visiting Mt. Mitchell's Craggy Garden Picnic area on the Blue Ridge Parkway and the beautiful Linville Gorge and Crabtree Meadows. Nancy Needs ([nanspath@aol.com](mailto:nanspath@aol.com)) is the activity leader for this event. She always scouts out the best areas for us to visit. There are hikes for all fitness levels, from easy to difficult. It is not all about hiking though. We also visit arboretums, tour historic townships, ranger led historic walks where the CCC had work camps, visited the Fontana Dam area and rafted on the Nantahala River. It is something new and interesting every year. We have great meals every evening prepared by some great cooks, we have Dutch oven cobblers and pineapple upside down cakes cooked over an open fire courtesy of Roland and Ginny. Evenings are relaxing by a campfire or playing cards or any of the board games brought along. Tall tales are told and enjoyed by all. Does this sound like a North Carolina tourist advertisement? If it will get you excited to experience the fun and fellowship we enjoy each year then, yes, it is. If you have never participated, give it a try. I personally cannot think of a more relaxing way to spend a hot July week.

See You In The (NC?) Woods

Betty Piper, Chair  
Heartland Chapter



**CONTACT PERSONS:** (Area Code 863 unless listed)

Chair: Betty Piper 293-3053 or [bpiper2005@aol.com](mailto:bpiper2005@aol.com)

Co-chair: Melissa Bruneau (407) 460-1388 or [melissabruneau@yahoo.com](mailto:melissabruneau@yahoo.com)

Treasurer: Monika Hoerl 858-3106

Secretary: Liane Plumhoff 646-2398 or [lplum@verizon.net](mailto:lplum@verizon.net)

Activity Chair: Maureen Jones 293-5036 or [maureenjo@juno.com](mailto:maureenjo@juno.com)

Membership: Ginger Ramsbottom, 439-0986

Newsletter Editor: Teresa Newgent (813) 882-9558 or [newgt@msn.com](mailto:newgt@msn.com)

Publicity: John Moore 688-6849 or [fta\\_heartland@hotmail.com](mailto:fta_heartland@hotmail.com)

Advisor: Roland Alderman 682-3506

Trails Coordinator: Monika Hoerl 858-3106

Webmaster: David Waldrop 605-3587 or [david\\_lwfl@yahoo.com](mailto:david_lwfl@yahoo.com)

Section Leader/Arbuckle: Jim & Rose Kellermann 676-2889 or [Jrkellermann@hotmail.com](mailto:Jrkellermann@hotmail.com)

Section Leader/Tenoroc: Monika Hoerl 858-3106

Section Leader/Lake Kissimmee State Park: Betty Piper 293-3053 or [bpiper2005@aol.com](mailto:bpiper2005@aol.com)

Section Leader/Tiger Creek: Melissa Bruneau (407) 460-1388 or [melissabruneau@yahoo.com](mailto:melissabruneau@yahoo.com)

Section Leader/Kissimmee River: Jim Hernandez 452-6650 or [patjim83@embarqmail.com](mailto:patjim83@embarqmail.com)

Section Leader/Willingham: Bob Hummel 471-1814

Section Leader/Green Swamp East: Bob Yost 644-5448 or [bobalinks2@aol.com](mailto:bobalinks2@aol.com)

Section Leader/Southern End of Western Loop of the FNST: Janice Scroggie Anderson 813-245-1609 or [scroggie@aol.com](mailto:scroggie@aol.com)

**ACTIVITIES:** (If you have trouble reaching the contact person listed in the activity description, please contact Maureen Jones. If you can't reach her, please contact Betty Piper. Contact information for both is listed above.)

July 3, 2010 Sat. Public/Leisure

Chapter Meeting and picnic style pot luck dinner.

Hosted by David Waldrop and Melissa Bruneau at their home at 702 Osceola Ave., Lake Wales

Hosts will provide hot dogs and hamburgers. Please bring for pot luck: Last names beginning with A-M bring a salad; N-Z bring a dessert. Bring a bicycle if you have one.

Contact: Betty Piper at 863-293-3053 or [bpiper2005@aol.com](mailto:bpiper2005@aol.com) for more information.

July 10 – Jul. 17, 2010 Sat. – Sat.

Weeklong camping trip in N. Carolina – Members Only

July 24, 2010 Sat. Public/Leisure

Tubing Rock Springs Run at Kelly Park (tube rental available just outside the park)

Carpool from Posner Shopping Center at Junction of I-4 and Hwy. 27 in front of Dick's Sporting Goods.

Contact: Eileen Valachovic at 863-956-2145 or [eileenvalachovic@hotmail.com](mailto:eileenvalachovic@hotmail.com) for more information.

August 14, 2010 Sat. Public/Moderate

Kayaking from Dunedin Marina to Caladesi Island State Park, Dunedin

Meet at Dunedin Marina, 51 Main Street, Dunedin, FL 34698

Bring: Kayak (no rentals available), water, snacks and lunch on board for picnic on island, sun and insect protection.

Contact: Teresa Newgent at 813-882-9558 or email to [newgt@msn.com](mailto:newgt@msn.com) for more details.

## **ACTIVITIES, CONT.**

August 28, 2010 Sat. Public/Leisure

Ice Cream Social and outdoor games

Tenoroc Fish Management Area - Lakeland

Bring: Lunch and an ice cream topping, comfortable shoes & clothing, sun & insect protection.

Contact: Monika Hoerl at 863-858-3106 for meeting time and other information.

September 11, 2010 Sat. Public/Leisure

Chapter Meeting, bike ride and pot luck lunch

Circle B Bar Reserve - Lakeland Area

Entrance south side of SR 540 (Winter Lake Road) between US 98 and Thornhill Road

For the bike ride bring a bicycle with tires suitable for dirt paths, water and a helmet.

For Pot Luck lunch, please bring a dish to share based on last names beginning with A-H Salad, I-Q Main Dish, R-Z Dessert.

Contact: Betty Piper at 863-293-3053 or [bpiper2005@aol.com](mailto:bpiper2005@aol.com) for meeting time and other information.

September 25, 2010 Sat. Public/Moderate

Bike Ride on Ft. Fraser Trail beginning at the trailhead on Hwy. 98, Highland City, FL

Lunch to follow at Catfish Country Restaurant

Contact: Eileen Valachovic at 863-956-2145 or [eileenvalachovic@hotmail.com](mailto:eileenvalachovic@hotmail.com) for meeting time and other information.

## **WELCOME NEW MEMBERS!!!**

The officers and current members of the Heartland Chapter of the Florida Trail Association are pleased to welcome the following new members, who are listed in alphabetical order by last name(s):

Campbell, Ken & Nyla, Lakeland

Carlton, Stephen & Jana, Lakeland

Cotter, Michael, Lakeland

Crosson, Shannan Lee, Avon Park

Duguay, Jo Anna, Haines City

Grigsby, Carol & Wade, Venus

Haymans, Brian, Lakeland

Wilkinson, Sheri, Lakeland

All members are appreciated and we thank you for your membership.

## **OUR CHAPTER'S WEBSITE ADDRESS**

Our chapter's new website address is [www.heartland.floriatrail.org](http://www.heartland.floriatrail.org) and our chapter's online photo gallery can be found at [www.fta-heartland.smugmug.com](http://www.fta-heartland.smugmug.com). For directions for submitting photos to smugmug, please email David Waldrop at [david\\_lwfl@yahoo.com](mailto:david_lwfl@yahoo.com).

## **WHAT TO BRING ON A DAY HIKE**

Water or other beverage (at least 2 quarts)

Insect repellent

Small first aid kit

Snacks and/or lunch, depending on length of hike

Sit upon or folding stool for lunch on the trail

Plastic bag & at least 1 glove, if desired, to pick up & bring trash out

Sunglasses and hat

Sunscreen

Personal ID

Rain gear, if needed

Be sure to tell someone at home where you are going and when you expect to return!